

Wakefield Wolverines Women's Soccer Tryout Information

- Tryouts for all 9th – 12th grade female student athletes will start Monday, February 15th.
- 11th – 12th grade Varsity tryouts are February 15th – 17th. The players will attend an afternoon session (3:00 – 5:00 pm).
- 9th – 10th grade JV tryout dates are February 15th, 16th, and 17th. The players will also attend a two hour session from 3:00 - 5:00 pm. It is very possible that some 9th or 10th grade students will be asked to participate in Varsity tryouts during or after the first day.
- All tryouts will be held at Wakefield High School. To become eligible to participate, all student athletes must have a current WCPSS physical on file. Physicals must be dated 06-01-09 or after. If you are not sure your physical is up-to-date, call or check with the Athletic Office.

Note to student/athletes: If you are working, please inform your employer of the tryout schedule and plan your day accordingly. You are responsible to bring soccer cleats, ball, shin-guards, water bottle and running shoes.

TRYOUT GUIDELINES: Any eligible player grades 9-12 may be selected for the Varsity Squad, however only 9th and 10th graders may participate on the JV Team. Fairness in the team selection process is the single most important aspect. Players are **not** re-selected to a Varsity or JV team position merely based upon participation the previous year. All candidates must tryout again. The primary objective is to select the best and most dedicated soccer players. Players who were determined during the time between seasons to raise the level of their soccer play are players who will certainly have an advantage. Everyone, regardless of class, will tryout on the same level playing field, there is nothing more important than "fairness" in the overall team selection process.

Important Criteria in the Selection Process:

Overall Cardio and Physical Fitness: Players must come to the tryouts in top cardio and physical condition. The tryouts are not a time to try and get into shape.

For Returning Candidates: Your offensive and defensive technical and tactical skill will be evaluated in terms of your improvement from last season. It is always easy to spot players who worked hard during the off season from players who were complacent and show no real signs of improved play.

For New Players to the Program: You will be given every opportunity during the tryout process to provide the coaching staff with an understanding of your soccer playing level. Your offensive and defensive technical and tactical play will be as fairly evaluated as possible.

Mental Toughness: Self confidence, grit, determination and a never give up attitude are certainly a part of the tryout process.

Team Players: No matter how talented a player is, he can do very little without his teammates. Players who show themselves as contributing positively to team chemistry are players any program seeks to have.

Coachability: Players should show that they have an open mind for learning and will follow the desired goals and tactics of our 2010 team.

2010 Tryouts will most likely be the most competitive tryouts ever.....

